

Be Well Retreats

Booking Terms & Conditions

We are so grateful you're considering joining us. Our retreats are created with care, intention, and love, and these booking terms help us create a safe, smooth and nourishing experience for everyone.

Please take a few moments to read the information below before confirming your place.

1. Securing Your Place

To reserve your space on retreat, we require a 30% non-refundable deposit.

Your booking is confirmed once:

Your deposit has been received

You have received written confirmation from Be Well Retreats

The remaining balance is due 60 days before the retreat begins.

If booking within 60 days of the retreat start date, full payment is required at the time of booking.

2. What's Included

Your retreat investment includes:

Accommodation for 5 nights

Only the daily nourishing meals served at the villa, as outlined in the itinerary

All scheduled Qi Gong, workshops, and guided sessions

Group activities and experiences listed in the programme

Flights, travel insurance, transfers (unless specified), optional treatments, excursions, and personal expenses are not included.

3. If You Need to Cancel

We understand that life sometimes shifts unexpectedly.

If you need to cancel, please notify us in writing as soon as possible. The following cancellation terms apply:

More than 60 days before retreat: Deposit retained

59–30 days before retreat: 50% of total retreat fee

29 days or less before retreat: 100% of total retreat fee

As much as we would love to make exceptions, our retreat costs (venue, staff, catering, suppliers) are committed in advance, which is why these policies are necessary.

We strongly recommend purchasing comprehensive travel insurance to protect you in case of illness, travel disruption, or unforeseen circumstances.

4. If We Need to Make Changes

In the unlikely event that we need to cancel the retreat due to unforeseen circumstances, low numbers, or events beyond our control, you will be offered:

A full refund of all monies paid, or

The option to transfer your booking to a future Be Well Retreat

Please note that we cannot be responsible for additional costs such as flights or travel arrangements.

5. Your Health & Wellbeing

Your safety and wellbeing are deeply important to us.

By booking, you confirm that you are physically and mentally well enough to participate in Qi Gong, mindful movement, workshops, and retreat activities.

Please inform us at the time of booking of:

Any medical conditions

Injuries

Allergies

Dietary requirements

All activities are optional and participation is always your choice. We encourage you to listen to your body and honour your own limits.

6. Travel & Insurance

Guests are responsible for arranging travel to and from Corfu.

We require all participants to have valid travel insurance covering:

Medical expenses

Cancellation

Personal belongings

You are also responsible for ensuring you hold valid travel documents (passport – with at least 6 months expiry on your passport at time of travel, visas if applicable).

7. Accommodation

Rooms are allocated according to your selected booking (single or shared occupancy).

If you are booking a shared room and travelling solo, we will thoughtfully pair you with another guest.

In rare circumstances, we reserve the right to provide alternative accommodation of a similar standard.

8. Creating a Supportive Space

Be Well Retreats is committed to creating a respectful, inclusive, and nurturing environment.

We ask all guests to:

Respect fellow participants, staff, and the local community

Honour shared spaces

Contribute positively to the group energy

In the rare case of disruptive or unsafe behaviour, we reserve the right to ask a guest to leave the retreat without refund.

9. Liability

While we take every care in planning and hosting our retreats, participation is at your own risk.

Be Well Retreats cannot be held responsible for:

Personal injury

Illness

Loss or theft of belongings

Travel disruptions beyond our control

10. Photography

We may take photographs or short videos during the retreat to share the experience of Be Well Retreats.

If you would prefer not to appear in promotional material, please let us know before the retreat begins — we completely respect your privacy.

11. Force Majeure

We cannot be held responsible for events beyond our control, including but not limited to natural disasters, extreme weather, government restrictions, strikes, or travel disruptions.

12. Governing Law

These booking terms are governed by the laws of the country in which Be Well Retreats is registered.

We truly cannot wait to welcome you to Corfu and hold space for rest, reconnection, and renewal.

With warmth,

Be Well Retreats 